



Rezepte aus der Behr Küche

Fruity SalaRico Salad



- 2**
1 SalaRico
1 baby pineapple/1 small tin of pineapple
3 mandarines/1 small tin of mandarines
200ml yoghurt
1 untreated lemon
1-2 tbsp mayonnaise
salt and pepper (we recommend red or lemon pepper)
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Separate the lettuce leaves, wash and dry them in the salad spinner. Peel the baby pineapple, cut it into slices and roast them gently in a pan. Peel and slice the mandarines. Arrange everything on plates. Mix a dressing from the yoghurt, grated lemon peel, mayonnaise, salt and pepper and spread it over the salad. This light summer salad fits perfect to white, fried or grilled meat.