



Rezepte aus der Behr Küche

SalaRico with mandarins and walnuts



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1 SalaRico
150 g plain yoghurt
1 tin of mandarins
1 handful of chopped walnuts
3 tbsp. cider vinegar
3 tbsp. sunflower oil
2 tbsp. dried salad herbs
Salt and pepper
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First cut the SalaRico into small pieces, wash and dry using a salad spinner. Drain the mandarins, reserving the juice! For the dressing, combine the yoghurt, cider vinegar, oil, 2 tbsp. mandarin juice and salad herbs well and season with salt and pepper to taste. Now serve the SalaRico with the mandarins and dressing. Finally, sprinkle over the walnuts. Done!